



Aftercare Instructions

Tattoo Aftercare

Cleaning Instructions for Tattoos

1. **Remove bandages** after 6 hours of getting your tattoo.
2. **Gently wash** the tattoo with mild, unscented soap and lukewarm water.
3. **Apply a small amount of Bepanthen cream** or tattoo aftercare ointment to keep the skin moisturized and promote healing.
4. **Do not submerge the tattoo** in water (e.g., no swimming or baths) until it's fully healed.
5. **Avoid direct sunlight** on the tattoo until it's completely healed to prevent fading.
6. **Do not pick or scratch** at the tattoo as it can cause scarring or infection.

Body Piercings Aftercare

Cleaning Instructions for Body Piercings

1. **Wash hands thoroughly** before cleaning or touching the piercing.
2. **Saline soak** at least two to three times daily. Invert a cup of warm saline solution over the piercing, or use gauze or a cotton ball soaked in saline to apply to the area. Soak for a few minutes to ensure proper cleaning.

3. Soap only once or twice a day. Use a mild soap while showering, applying a pearl-sized drop to clean the jewelry and the piercing. Rinse thoroughly to remove all soap residue.

4. Dry gently with disposable paper products like gauze or tissues to avoid introducing bacteria from towels.

Mouth Piercings Aftercare

Cleaning Instructions for Mouth Piercings

1. Maintain oral hygiene: Rinse with saline solution or non-alcoholic mouthwash after meals and at least four to five times a day. Avoid alcohol-based mouthwashes as they can irritate the piercing.

2. Avoid touching: Do not touch or play with the piercing with your tongue to prevent bacteria from entering the wound.

3. Soft diet: Stick to soft foods for the first few days after the piercing. Avoid spicy or acidic foods that could irritate the area.

4. Avoid smoking, alcohol, and oral sex: These activities can introduce bacteria or irritate the piercing, so it's best to avoid them during the healing process.

5. Be cautious with oral hygiene products: Use only mild, alcohol-free mouthwash or saline solution, avoiding hydrogen peroxide and alcohol-based products.

6. Keep up with dental care: Brush your teeth carefully around the piercing to maintain good oral hygiene.